

West Hills Dermatology Group

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Post Op Care

LIQUID NITROGEN INFORMATION FORM

1. Liquid nitrogen is simply frozen air at about 200 degrees below zero. It is safe and nontoxic.
2. You may leave the area open or cover it with a band-aid. Antibiotic ointments are usually not necessary. Some discomfort is normal; use Tylenol if needed.
3. You may shave, shower or wash as usual. You may also use moisturizers and sunscreen immediately.
4. Within a few days, a scab will form, which will fall off in 1 to 3 weeks. Afterward, the skin color will be red which may get lighter or darker. This discoloration usually resolves over a few months. Exposure to the sun increases the chance of prolonged discoloration. Therefore, applying a sunscreen will be beneficial. Please talk to our trained staff for sunscreen recommendations sold exclusively at Dermatology Offices Only!
5. A blister may form within 24 hours. If the blister breaks, clean the site with hydrogen peroxide and apply Polysporin ointment.
6. Re-treatments are occasionally necessary especially for a large lesion.